

## **Strength & Youthfulness**

I pray and receive daily through releasing faith to this Word that the Lord renews my youth and my strength like that of an eagle. I also declare that my physical body looks and feels younger than my years would say it is.

### **Psalm 103:5 NLT**

He fills my life with good things. My youth is renewed like the eagle's!

### **Isaiah 40:31 NIV**

but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.